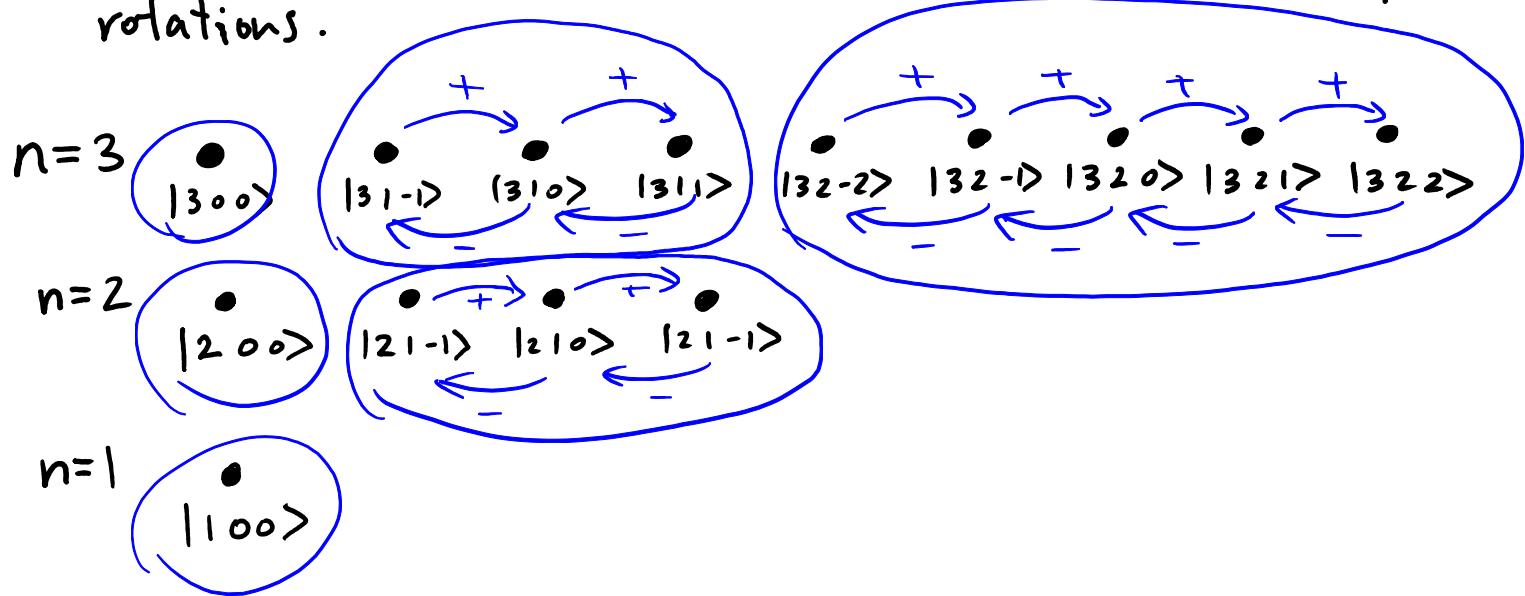


PHYSICS 402 WORKSHEET

- ① The following chart shows some low-energy states of the hydrogen atom (before considering the electron spin) in the $|n\ l\ m\rangle$ notation. Show how L_+ and L_- act on each of the states by drawing \rightarrow and \leftarrow arrows. Circle the groups that can be transformed into one another by rotations.



- ② Write the results of the following:

a) $L_z |211\rangle = \hbar |211\rangle$

b) $L^2 |211\rangle = \hbar^2 \cdot 2 \cdot |211\rangle$

c) $L_+ |211\rangle = 0$

d) $L_- |211\rangle = \sqrt{2} \hbar |210\rangle$

e) $L_x |211\rangle = \frac{1}{2}(L_+ + L_-) |211\rangle = \frac{\sqrt{2}}{2} \hbar |210\rangle$
extra: $L_x L_y |210\rangle$

$$= \frac{1}{2}(L_+ + L_-) \cdot \frac{-i}{2}(L_+ - L_-) |210\rangle = -\frac{i}{4}(L_- L_+ + L_+ L_-) |210\rangle = -i |210\rangle$$

③ For states of a spin 1 particle of the form

$$\sum_M c_M |M\rangle,$$

which are physically unchanged after a rotation about the z axis?

What about the x -axis?

Want $| \pm \rangle \rightarrow e^{i\omega t} | \pm \rangle$

Generally: $| \pm \rangle \rightarrow e^{-\frac{i}{\hbar} \theta J_z} | \pm \rangle$

Will be a simple phase times $| \pm \rangle$ if and only if $| \pm \rangle$ is an eigenstate of J_z :

$\therefore |1\rangle, |0\rangle, |-1\rangle$ physically unchanged after rotation about z .

Rotation about x leaves state physically unchanged if eigen state of J_x

\therefore solve: $\frac{1}{\hbar}(J_+ + J_-) | \pm \rangle = \pm M | \pm \rangle$