The simulation shows a mass oscillating on a spring without gravity (e.g. a mass sliding on a frictionless table with a horizontal spring)

The potential energy of the system is smallest:

- A) When the spring is at its maximum compression
- B) When the spring is at its maximum stretching
- C) When the spring is in its equilibrium position
- D) Either A or B

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$$K.E. = \frac{1}{2} M v^2$$



Total energy is conserved 
$$\frac{1}{2}Mv^2 + \frac{1}{2}kx^2 = E$$
 constant  
equal to initial  
equal to initial  
energy  
mmm + P.E. K.E.  
mmm + P.E. K.E.  
mmm + P.E. K.E.  
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A 0.5 kg mass is attached to a horizontal spring of spring constant 200 N/m. If the spring is initially compressed by 0.1m, and the mass is then released, what is the speed of the block when the spring is at its equilibrium length?

A. 1 m/s B. 2 m/s C. 3 m/s D. 4 m/s E. 5 m/s



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A mass is attached to a vertical spring at its normal length, and then oscillates about some equilibrium position. During the oscillations, the total potential energy of the system is smallest

A) In position 1

B) In position 2

C) In position 3

D) Either in position 1 or position 3

E) There is not enough information to answer

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D) Either in position 1 or position 3

E) There is not enough information to answer









The two graphs show different oscillations for the same system. Compared with the first case, the total potential plus kinetic energy in the second case is

A) The same B) Twice as big C) Half as big D) One quarter as big E) One 16<sup>th</sup> as big







amplitude decreases with time



What fraction of the original kinetic + potential energy remains in the oscillator at t=5s?

- A) All of it.
- B) Half of it.
- C) One quarter of it.
- D)  $1/\sqrt{2}$  of it.

**EXTRA:** what fraction of the energy at t=5s remains at t=10s?



What fraction of the original kinetic + potential energy remains in the oscillator at t=5s?

- A) All of it.
- B) Half of it.
- C) One quarter of it. D)  $1/\sqrt{2}$  of it.

**EXTRA:** what fraction of the energy at t=5s remains at t=10s?

example: 
$$t=0 \rightarrow A = A_{o}$$
  
 $t=T \rightarrow A = A_{o} \cdot r^{2}$   
 $t=2T \rightarrow A = A_{o} \cdot r^{2}$   
 $t=3T \rightarrow A = A_{o} \cdot r^{3}$   
number of periods  
general  $T \rightarrow A = A_{o} \cdot r^{4} \tau$ 





